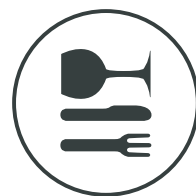


JESPER TORVEKØKKEN

LUNCH MARKET HALL



BOWLS

- **Baked chickpeas** with hummus, pointed cabbage, mango, peas, carrots and cherry tomatoes (1,6,7,8,10,11,13,15), **V LF**
- **Tomato salsa** with baked sweet potatoes, spring onions, peas, spinach and cress (1,7,8,10,11,13,15), **VE LF**
- **Cod salad** with rice, cauliflower, baked root vegetables and peppers (3,7,8,9,10,11,13,15), Served with green pesto (6,9,13,15),
- **Fajita chicken** with quinoa, bell peppers, spring onions, mango, carrots and spinach (1,7,10,11,15), Served with garlic dressing (2,6,7,11,13,15),
- **Marinated pork** with Greek salad of salad cheese, tomato, red onion, cucumber and olives (1,6,7,8,10,11,13,15), Served with chilli dressing (2,6,7,10,11,13,15),
- **Beef** marinated in maple syrup and chilli. Served with pasta, roasted root vegetables, spinach, peas, pickled red onions and parsley (6,7,10,11,12,13,15), Served with goma dressing (2,6,7,8,10,11,13),

SANDWICHES

- **Baked vegetables** with roasted chickpea cream, rocket, tomato, cucumber and carrots ((1),10,11,13,15), **VE GFB**
- **Spicy falafel** with herb pesto, pickled red onions and pointed cabbage ((1),7,8,10,11,13,15), **VE GFB**
- **Cod salad** with lemon mayonnaise, salted cucumber, cabbage and tomato ((1),2,3,6,7,10,11,13), **GFB**
- **Fajita chicken** with soy mayonnaise, mango chutney, pointed cabbage salad and cucumber ((1),2,6,7,10,11,13,15), **GFB**
- **Chorizo** with pesto mayonnaise with chilli, marinated artichokes, pointed cabbage, tomato and cucumber ((1),2,4,6,7,9,10,11,13,15), **GFB**
- **Sandwich of the day**, chosen by the kitchen ((1),2,3,6,7,8,9,10,11,13,15), **GFB**

BREAD TYPES

Choose from light, dark or gluten-free bread.

ALLERGENS

- | | | |
|---------------|------------------|----------------------|
| (1) Gluten | (6) Milk | (11) Mustard |
| (2) Eggs | (7) Soya | (12) Lupin |
| (3) Fish | (8) Sesame seeds | (13) Sulphur dioxide |
| (4) Peanuts | (9) Nuts | (14) Molluscs |
| (5) Shellfish | (10) Celery | (15) Garlic |

SYMBOL EXPLANATION

- | | |
|------------|--------------------------|
| V | Vegetarian |
| VE | Vegan |
| LF | Lactose free |
| GF | Gluten-free |
| GFB | Gluten-free bread option |

TWO PIECES OPEN SANDWICHES

- **Carrot spread** with pickled vegetables and cress. **Pea patties** with vegan chilli mayonnaise, tomato and roasted onions ((1),7,10,11,13,15), **VE GFB**
- **Fish cakes** with remoulade, lemon and cucumber salad. **Smoked fillet** with scrambled eggs, roasted vegetables and chives (1,2,3,6,7,10,11,13),
- **Egg and tomato** with mayonnaise, lemon and dill. **Rolled sausage** with aspic, onion, tomato, cucumber and cress ((1),2,5,6,7,10,11,13,15), **GFB**
- **Smoked ham** with scrambled eggs, tomato and chives. **Fish cakes** with remoulade, lemon and cucumber salad (1,2,3,7,10,11,13), **LF**
- **Chicken salad** with tarragon cornichons, tomato and herbs. **Fish fillet** with coarse remoulade, lemon and cress (1,2,3,6,7,10,11,13),
- **Beef salami** with remoulade, fried onions and pickled cucumbers. **Shrimp salad** with carrots and herbs (1,2,5,6,7,10,11,13),
- **Braised beef brisket** with horseradish cream and tomato. **Potatoes** with cress, mayonnaise and fried onions (1),2,6,10,11,13), **GFB**
- **Meatball** with remoulade, pickled gherkins and fried onions. **Roast beef** with remoulade, horseradish, fried onions and pickled gherkins (1,2,10,11,13),

GLUTEN-FREE RYE BREAD

Option to choose gluten-free rye bread on selected open sandwich packages.

WRAPS

- **Spicy falafel** with herb pesto, pickled red onion and pointed cabbage (1,7,8,10,11,13,15), **VE LF**
- **Cod salad** with salted cucumber, cabbage and tomato (1,2,3,6,7,10,11,13),
- **Spicy chicken** with soya mayonnaise, pointed cabbage, tomato and cucumber (1,2,6,7,8,10,11,13,15),

WARM

CHOOSE BETWEEN
WARM PORTIONED DISHES

- Favourite
- Vegetarian
- Vegan
- Gluten/lactose free
- Halal

TAPAS

Tapas board of the day, arranged with four elements. Served with focaccia bread and rye bread (1-15).



WE ALSO PROVIDE
CATERING FOR MEETINGS

INCLUDED

Order from day to day
From just 1 person
Free of choice

CAKE EVERY THURSDAY

CONTACT US

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🌐 www.torvekoekken.dk

All lunch packages follow
the normal price

JESPERS TORVEKØKKEN

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