

JESPERS TORVEKØKKEN

LUNCH MARKET HALL



BOWLS

- **Baked chickpeas** with hummus, pointed cabbage, mango, peas, carrots and cherry tomatoes (1,6,7,8,10,11,13,15). **VLF**
- **Tomato salsa** with baked sweet potatoes, spring onions, peas, spinach and cress (1,7,8,10,11,13,15). **VE LF**
- **Cod salad** with rice, cauliflower, baked root vegetables and peppers (3,7,8,9,10,11,13,15). Served with green pesto (6,9,13,15).
- **Fajita chicken** with quinoa, bell peppers, spring onions, mango, carrots and spinach (1,7,10,11,15). Served with garlic dressing (2,6,7,11,13,15).
- **Marinated pork** with Greek salad of salad cheese, tomato, red onion, cucumber and olives (1,6,7,8,10,11,13,15). Served with chilli dressing (2,6,7,10,11,13,15).
- **Beef** marinated in maple syrup and chilli. Served with pasta, roasted root vegetables, spinach, peas, pickled red onions and parsley (6,7,10,11,12,13,15). Served with goma dressing (2,6,7,8,10,11,13).

SANDWICHES

- **Baked vegetables** with roasted chickpea cream, rocket, tomato, cucumber and carrots ((1),10,11,13,15). **VE GFB**
- **Spicy falafel** with herb pesto, pickled red onions and pointed cabbage ((1),7,8,10,11,13,15). **VE GFB**
- **Cod salad** with lemon mayonnaise, salted cucumber, cabbage and tomato ((1),2,3,6,7,10,11,13). **GFB**
- **Fajita chicken** with soy mayonnaise, mango chutney, pointed cabbage salad and cucumber ((1),2,6,7,10,11,13,15). **GFB**
- **Chorizo** with pesto mayonnaise with chilli, marinated artichokes, pointed cabbage, tomato and cucumber ((1),2,4,6,7,9,10,11,13,15). **GFB**
- **Sandwich of the day**, chosen by the kitchen ((1),2,3,6,7,8,9,10,11,13,15). **GFB**

BREAD TYPES

Choose from light, dark or gluten-free bread.

ALLERGENS

(1) Gluten	(6) Milk	(11) Mustard
(2) Eggs	(7) Soya	(12) Lupin
(3) Fish	(8) Sesame seeds	(13) Sulphur dioxide
(4) Peanuts	(9) Nuts	(14) Molluscs
(5) Shellfish	(10) Celery	(15) Garlic

SYMBOL EXPLANATION

V	Vegetarian
VE	Vegan
LF	Lactose free
GF	Gluten-free
GFB	Gluten-free bread option

TWO
PIECES

OPEN

SANDWICHES

- **Carrot spread** with pickled vegetables and cress.
Pea patties with vegan chilli mayonnaise, tomato and roasted onions (1,7,10,11,13,15), **VE GFB**
- **Fish cakes** with remoulade, lemon and cucumber salad. **Smoked fillet** with scrambled eggs, roasted vegetables and chives (1,2,3,6,7,10,11,13).
- **Egg and tomato** with mayonnaise, lemon and dill.
Rolled sausage with aspic, onion, tomato, cucumber and cress ((1)2,5,6,7,10,11,13,15), **GFB**
- **Smoked ham** with scrambled eggs, tomato and chives. **Fish cakes** with remoulade, lemon and cucumber salad (1,2,3,7,10,11,13). **LF**
- **Chicken salad** with tarragon cornichons, tomato and herbs. **Fish fillet** with coarse remoulade, lemon and cress (1,2,3,6,7,10,11,13),

- **Beef salami** with remoulade, fried onions and pickled cucumbers. **Shrimp salad** with carrots and herbs (1,2,5,6,7,10,11,13).

- **Braised beef brisket** with horseradish cream and tomato. **Potatoes** with cress, mayonnaise and fried onions (1),2,6,10,11,13), **GFB**

- **Meatball** with remoulade, pickled gherkins and fried onions. **Roast beef** with remoulade, horseradish, fried onions and pickled gherkins (1,2,10,11,13),

GLUTEN-FREE RYE BREAD

Option to choose gluten-free rye bread on selected open sandwich packages.

WRAPS

- **Spicy falafel** with herb pesto, pickled red onion and pointed cabbage (1,7,8,10,11,13,15), **VE LF**
- **Cod salad** with salted cucumber, cabbage and tomato (1,2,3,6,7,10,11,13),
- **Spicy chicken** with soya mayonnaise, pointed cabbage, tomato and cucumber (1,2,6,7,8,10,11,13,15),

WARM

CHOOSE BETWEEN WARM PORTIONED DISHES

- Favourite
- Vegetarian
- Vegan
- Gluten/lactose free
- Halal

TAPAS

Tapas board of the day, arranged with four elements.
Served with focaccia bread and rye bread (1-15).



WE ALSO PROVIDE
CATERING FOR MEETINGS

INCLUDED

Order from day to day
From just 1 person
Free of choice

CAKE EVERY THURSDAY

CONTACT US

70 22 82 12

@ torvekoekken@torvekoekken.dk

www.[torvekoekken.dk](http://www.torvekoekken.dk)

All lunch packages follow
the normal price

JESPERS TORVEKØKKEN
Rho 16 • Søften • 8382 Hinnerup